Community Health Resource Directory

Platte County, Wyoming

2023 Edition



Platte County Memorial Hospital

Directory

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Introduction

The purpose of this booklet is to be a resource for health and wellness services that are physically available in Platte County for the benefit of all Platte County residents, regardless of age. This booklet was compiled by the Community Health Needs Assessment Committee of Platte County. If you know of a resource that has not been included, please feel free to reach out to the contact on the back cover to offer suggestions. The information included in this booklet was obtained by a direct contact of the organization or from their public marketing (i.e. phone book, website). Inclusion in this booklet is not an endorsement by Platte County Memorial Hospital, it is a reference for Platte County residents to better understand resources available in our community. Through this booklet, we hope to make healthcare easier, so life can be better.

We would like to thank the organizations who participated in the creation of this publication in 2018 as the Community Health Needs Assessment Committee of Platte County...

- Banner Health Platte County Memorial Hospital
- Community Thrift Store
- Peak Wellness Center
- Platte County Economic Development
- Platte County Public Health
- Platte County School District #1
- Project SAFE
- Services For Seniors
- University of Wyoming Extension Office
- Wyoming Child and Family Development

Behavioral Health

24/7 National Suicide Prevention Lifeline800-273-8255
24/7 Wyoming Crisis Text LineText: WYO to 741741
988 Suicide & Crisis Lifeline
AgriStress HelplineCall or Text 833-897-2474
A free and confidential crisis prevention hotline staffed with specialists trained in the culture, values, stressors and lived experiences of agriculture, forestry and fishing workers.
www.wyomingtruth.org
Celebrate Recovery Program at Impact Ministries
Platte County Public Health
Contact the Public Health office to speak with our Community Prevention Specialist. Information about Suicide Prevention, Underage Drinking/Youth Marijuana Prevention, Adult Overconsumption Prevention, Tobacco Prevention, Opioid and Other Drug Prevention, Talk They Hear You Media Campaign, Medication lock boxes, hand gun lock boxes, QPR Suicide Training, Mental Health First Aid Training

www.plattecountywyoming.com/departments/PublicHealth

Behavioral Health

LIV Health
In-Home Counseling and Case Management
www.livhealth.org
New Hope Counseling and Consulting LLC 307-331-7787
By appointment only. Contact Kari Magnuson. Accepts Wyoming Medicaid and Private Insurances. Services include: individual, child, adolescent, adult, group, and family. EMDR/Trauma Therapy, Cognitive Behavior Therapy, Solution Focused Therapy, Talk Therapy, ASI Evaluation, PRIME for Life (DUI) classes.
Mind of Peace Counseling
Specialty Counseling Services
Mental Health Individual and Group Counseling; Substance Abuse
Individual and Group Counseling, DUI, IOP, MIP classes and education;
High-Fidelity Wraparound Case Management Services; EMDR; Marriage
and Family Counseling; Play Therapy; Tele-Health Medication
Management
www.specialtycounseling.com

Behavioral Health

Volunteers of America (Formerly Peak Wellness)......307-322-3190

VOA offers outpatient Mental Health and Substance Use Services for adults, children, and families.

Psychiatric staff with specialties in children/adolescents, adults, addiction, and individuals with co-occurring disorders. Access to regional services including: crisis stabilization, residential substance abuse treatment, social detoxification (as appropriate), and supported housing options.

State Certified for Mental Health and Substance Use treatment services. We bill 3rd party payers, and are an approved Medicaid and Medicare Provider, and offer a sliding fee.

www.VOANR.org

Wyoming Dept of Health – Behavioral Health Division......307-777-6494

To assist with the behavioral and substance abuse needs of Wyoming residents.

Chronic Disease Management

24/7 American Cancer Society Helpline 800-227-2345
American Cancer Society Wyoming
https://www.cancer.org/about-us/local/wyoming.html
Alzheimer's Association 24/7 Helpline800-272-3900
Alzheimer's Association – Wyoming Chapter307-316-2892 www.alz.org/wyoming/
❖ Banner Health - Platte County Memorial Hospital 307-322-6405 Contact Debbie Collins, MSRD, LD, CDE. Registered Dietitian, offers nutrition education for general health/wellness, including weight loss, weight gain, bariatric surgery; also for chronic diseases such as diabetes,

Specialist, Diabetes Prevention/Lifestyle Coach. Call to schedule a

consultation.

Chronic Disease Management

* Banner Health - Wheatland Medical Clinic
Platte County Public Health
Wyoming Independent Living
Wyoming Dept of Health #Prevent Diabetes
Wyoming Quit Tobacco

Emergency Preparedness

In an emergency, call 911 immediately

Awareness and Prevention
Platte County Emergency Management (Code Red Program)307-322-1356

Platte County Automated Weather Alert Phone Calls and App

http://plattecountywyoming.com/EmergencyManagement

Emergency Preparedness Information. Contact the Public Health office to speak with our Public Health Preparedness and Response Program Coordinator.

https://hls.wyo.gov/being-prepared/two-weeks-ready

Personal Emergency Response Unit. Call for information on the various types of units available. For seniors over 60 and anyone under 60 who is a client of Services For Seniors in-home services.

Red Cross Emergency Preparedness Services...... 509-280-2201

Education Programs on Home Safety Topics, including Fire Prevention, Blizzard Preparedness. Smoke Detector Checks/Installation may be available upon request. Contact Pat Kondas.

Emergency Preparedness

In an emergency, call 911 immediately

Resources
Platte County Sheriff's Office307-322-2331
Project SAFE
24/7 Crisis line for victims of domestic violence, sexual assault, and other crimes.
Safe 2 Tell Wyoming
24/7 Confidential Reporting Tip Line for Safety Concerns or Threats of
Violence. Reports can also be made on the website or mobile app.
www.safe2tellwyo.org
Wheatland Police Department307-322-2141
Wyoming Poison Control Center800-222-1222
TAY
Wyoming Department of Family Services307-777-7564
http://dfs.wyo.gov

Financial Assistance

Anti-Poverty Grant	
* Banner Health - Platte County Memorial Hospital Banner Health has payment options including interest-free paself-pay discounts and financial assistance for those who mee requirements. Call us if you need assistance understanding obill.	ayment plans, t eligibility
Children's Health Insurance Program (CHIP) Discounted health insurance for eligible applicants. www.health.wyo.gov/healthcarefin/chip/	855-294-2127
Department Of Family Services	307-322-3790
Caretaker Power Program, cash assistance for relative caretak children. Power Program (Pay After Performance Work Program), cash qualifying applicants with dependent children. Child Care Assistance Program, supplement assistance paid to providers for qualifying applicants. SNAP Program (Supplemental Nutrition Assistance, formerly Food Stamps), food assistance for qualifying applicants. Applications for Energy Assistance Program (LIEAP).	assistance for o child care

Financial Assistance

Platte County WIC Program	
Services For Seniors	4
Wyoming Low Income Energy Assistance Program800-246-422 LIEAP offers a possible option for low-and fixed-income families and individuals to pay their heating bills during the winter months.	1
Wyoming Independent Living307-322-9210)
Low interest loan program for purchase of assistive technology or home modifications. Contact Rick Geringer.	
www.wilr.org	

Healthcare

Chiropractors
Wheatland Chiropractic307-322-3533
Clinics
❖ Banner Health - Guernsey Medical Clinic 307-322-3861
Family Practice, Pre and Post-Natal Care, Newborn care, Screenings,
Pediatric Care.
❖ Banner Health - Wheatland Medical Clinic307-322-3861
Family Practice, Pre and Post-Natal Care, Newborn care, Screenings,
Behavioral Health, Pediatric Care.
, and the second
❖ Banner Health - Wheatland Specialty Clinic
1 3
General Surgery and Podiatry
General Surgery and Podiatry Cardiology – contact WY Cardiopulmonary Services (307) 266-3174
General Surgery and Podiatry
General Surgery and Podiatry Cardiology – contact WY Cardiopulmonary Services (307) 266-3174 Urology – contact Central WY Urological Assoc. (307) 577-8600
General Surgery and Podiatry Cardiology – contact WY Cardiopulmonary Services (307) 266-3174
General Surgery and Podiatry Cardiology – contact WY Cardiopulmonary Services (307) 266-3174 Urology – contact Central WY Urological Assoc. (307) 577-8600 Laramie Peak Rural Health Clinic, Wheatland
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Healthcare

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Anderson Dental
Dr. Jonathan Morehead, DDS307-322-4450
General
Platte County Public Health
Blood Pressure Checks, Blood Pressure monitoring program, Pregnancy Tests, Diabetes HgA1c checks, TB tests, Vaccine Titers, family planning and birth control, Breastfeeding education and Support.
www.plattecountywyoming.com/departments/PublicHealth
Hearing
Brant Audiology

This publication is proudly printed, courtesy of Platte County Memorial Hospital

- Care Management
- Diabetic Education
- Diagnostic Imaging
- Emergency Care
- Heart Care
- Inpatient Services
- Laboratory Services
- Maternity Services
- Occupational Therapy
- Outpatient Infusion
- Physical Therapy
- Primary Care and Pediatrics
- Rehabilitation Services
- Surgical Services
- Swing Bed Services
- Wound Care



Platte County Memorial Hospital

This is what *care* looks like.





Platte County Memorial Hospital

Healthcare

Hospital Services
* Banner Health - Platte County Memorial Hospital 307-322-3636
Emergency, Diabetic Education, Medical/Surgical Inpatient, Maternity and Newborn Care, Swing Bed Services, Surgical Services, Infusion Therapy, Wound Care, Physical Therapy, Inpatient and Outpatient Care, Lab, Imaging.
Oxygen Supply
Community Home Oxygen
Dave's Home Oxygen
Pharmacies
Cowboy Drug
www.cowboydrug.com
South Street Pharmacy
Register Cliff Pharmacy, Guernsey

Healthcare

Physical Therapy and Rehabilitation
Sanner Health - Physical Therapy
Outpatient Services at Platte County Memorial Hospital. Vestibular Rehab, Cardiac Conditioning, Neuro Rehab, Sports Rehab, Lower Back Pain, Pre/Post Op Rehab, Ergonomic Assessments/Poor Posture, Muscle Weakness/Strains, Disc Herniation, Dry Needling, Manual Therapy, Wound Care, Independent Home Exercise Planning.
Hand and Physical Therapy of Wy
Platte County Home Care
A service of Cheyenne Regional Medical Center
Platte County Legacy Home
North Platte Physical Therapy, Guernsey307-836-2444
North Platte Physical Therapy, Wheatland307-322-1878
Vision
Mud Springs Vision Clinic

Housing Assistance

M & A Properties
Contact Christa Alexander. Duplex apartments for those who incomequalify.
Platte County Housing Authority Apartments307-322-2373
Contact Deanna Brant. 62 years and older, for those who income-qualify.
Platte County Legacy Home
Nursing Home, Rehabilitation, and Assisted Living
www.pcmnh.com
Platte Manor Apartments
Contact Deanna Brant. 62 years and older, for those who income-qualify.
Project SAFE
Victim advocates. Emergency shelter and transitional housing to victims of
domestic violence, sexual assault, and other crimes.
Rock Creek Apartments, Wyoming Housing Network307-200-7087
Income restricted. 2&3 Bedroom units. Guernsey and Wheatland.
https://whninc.org/properties/rock-creek-apartments/

In-Home Services

Construction

Red Cross Emergency Preparedness Services...... 509-280-2201

Education Programs on Home Safety Topics, including Fire Prevention, Blizzard Preparedness. Smoke Detector Checks/Installation may be available upon request. Contact Pat Kondas.

Wyoming Independent Living......307-322-9210

- Independent Living Program. Assists with addressing accessibility issues in the home like ramps, handrails, grab bars, walk in showers and other barriers to independent living. Contact Rick Geringer.
- Community Choices Waiver. An alternative to nursing home care that connects consumers with the supports and services needed to live independently in their community. Contact Rick Geringer
- Veterans in Charge (VIC). An alternative to nursing home care that allows veterans the freedom to direct their own care. Contact Rick Geringer.

www.wilr.org

Medical Equipment

Community Home Oxygen......307-322-4719

Offers Walkers, Bath Chairs, Wheelchairs, Hoyer Lift, Transport Sit-To-Stand units, Bedrails, Handrails, Bedside Commode, etc. Can be borrowed for a period of time, as available. Contact Marge Scholten.

Platte County Public Health Loan Closet......307-322-2540

Variety of medical equipment that can be borrowed for 90 days, free of charge.

www.plattecountywyoming.com/departments/PublicHealth

In-Home Services

Services For Seniors Loan Closet
Offers a variety of medical equipment that can be borrowed for a period of
time, free of charge.
Healthcare
307 Home Care307-331-7809
Personal, private duty home care services to support daily living. Including transportation, pet care, cleaning, meal prep.
Dignified Home Health Care307-331-4128
Locally owned and operated in Platte County, with compassion, and dedication we proudly offer in-home care for elderly and disabled and serve as a non-medical entity.
Platte County Home Care307-322-5891
A service of Cheyenne Regional Medical Center.
Services For Seniors
In-Home Services: CNA administered bathing and personal care. Light cleaning and errands. Diabetic foot care in Guernsey and Wheatland. Personal Emergency Response Units available.
Meals
Services For Seniors, Meals On Wheels Program307-322-3424

Maternity

❖ Banner Health - Platte County Memorial Hospital
❖ Banner Health - Wheatland Medical Clinic
Obstetric Care, Pregnancy test, Pre-natal and Post-natal care, well newborn follow up care. Low risk maternity services.
LifeChoice Pregnancy Care Center, Mobile Medical Unit 307-632-6323
1 st Thursday of the month in Wheatland. Onsite pregnancy tests, limited OB ultrasounds, STI testing, Pregnancy Decision Coaching, Educational Videos.
www.lifechoicepcc.org
My 307 Wellness App307-777-7656
My 307 Wellness is provided at no charge to you by the Wyoming Department of Health. Pregnancy Tracker helps you chart your milestones, get weekly updates just for your pregnancy and tools including: weight gain calculator, due date calculator, kick counter. Search "My 307 Wellness" in the app stores or text FAMILY to 833-915-3307 for a link.

https://health.wyo.gov/healthcarefin/medicaid/my307/

continued, Maternity

Platte County Public Health	307-322-2540
Nurse Home Visits free-of-charge, Pregnancy Tests, Breastfeeding www.plattecountywyoming.com/departments/PublicHealth	Support.
Platte County WIC Program	.307-322-3732
Open on Mondays. Services for families with infants and children pregnant women and new moms.	up to age 5,
Sacred Birth	.307-331-7430
Contact Lacy Mansfield CPM LM	

Nutrition

Education

Wheatland Total Wellness Center...... 307-331-1951

Clinically designed nutrition, homeopathic care and food and life coaching services. Contact Stacey Reichardt, Certified Guided Nutrition Coach.

Wyoming Dept of Health #Prevent Diabetes...... 800-694-0352

Diabetes Prevention tools and healthy living support.

www.PreventDiabetesWyoming.IncentaHealth.com

Nutrition

Food Assistance

10007.000101100
Commodities at the Angel Center
Distribution 1 st Wednesday of the month. Contact Cindy Kahler.
Services For Seniors
Meals, Mon-Fri 11:00-12:30 in Wheatland and Guernsey, noon in Chugwater and Glendo. Frozen meals also available. Meals On Wheels Program offers home-delivered meals.
United Church of Christ Food Bank
Fridays 9am – 12pm. Contact Connie Thomas.

Transportation

Travel Vans
For medical appointments only. Contact Marge Scholten.
Services For Seniors Public Transit Bus
Offering service to all ages, with service in Wheatland and Guernsey, for any public transit needs.
Wyoming Department of Transportation 511 Program 888-996-7623
Road Surface Conditions and Closures, Travel Advisories. Email/Text Updates Available. Check Out the 511 Mobile App.
www.wyoroad.info
Wyoming Independent Living
Transportation Check Program: Transportation options for those unable to drive due to disability. Contact Rick Geringer.
www.wilr.org

Wellness

socialization activities.

❖ Banner Health - Platte County Memorial Hospital307-322-3636
Wellness Testing, Lab Draws. 7:30am-5pm Monday through Friday. 12 hours fasting prior to test, no appointment needed. If you're not feeling well, a lab test is a great way to check-up on your health. Offering comprehensive lab testing and diagnostics for inpatients and outpatients.
My 307 Wellness App
My 307 Wellness is provided at no charge to you by the Wyoming Department of Health. My 307 Wellness helps you track your entire family's doctor appointments, immunizations (shots), and more right on your phone. Search "My 307 Wellness" in the app stores or text FAMILY to 833-915-3307 for a link.
https://health.wyo.gov/healthcarefin/medicaid/my307/
Natural Reflections307-322-8139
Platte County Parks and Recreation307-322-9254
Youth through Adult Sports and Exercise Programs, City Pool
Services For Seniors
Monthly Wellness Breakfast, first Thursday of the month at the Activity
Center from 8A-9A offers various topics on health and nutrition. Weekly scheduled certified exercise classes, games for mental health and important

Youth Services/Pediatrics

VOA offers outpatient Mental Health and Substance Use Services for adults, children, and families.
Psychiatric staff with specialties in children/adolescents, adults, addiction, and individuals with co-occurring disorders. Access to regional services including: crisis stabilization, residential substance abuse treatment, social detoxification (as appropriate), and supported housing options.
State Certified for Mental Health and Substance Use treatment services. We bill 3 rd party payers, and are an approved Medicaid and Medicare Provider, and offer a sliding fee. www.VOANR.org

Volunteers of America (Formerly Peak Wellness)......307-322-3190

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Contact Susan Bednasek.
www.facebook.com/Platte-County-Early-Literacy-Project
Platte County Parks and Recreation
Platte County Public Library

Platte County Early Literacy...... 307-322-6273

Youth Services/Pediatrics

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Wyoming Child and Family Development
Guernsey Center
Wheatland Center
Wyoming Child & Family Development provides free high-quality early childhood education services for children birth - 5 and pregnant women. Our program provides free developmental screenings that include cognitive, speech/language, motor, hearing, vision, and health screenings. We provide free developmental disability services for children birth – 5. Services include speech/language therapy, physical and occupational therapy, special education, and mental health services.
WCFD offers free preschool for children 3 - 5 years of age, a free Early Head Start Home Visiting program for pregnant mothers and children birth – 3 and free Early Head Start Center Based program for children birth-3".
www.wyomingchild.org
Healthcare
❖ Banner Health - Wheatland Medical Clinic 307-322-3861
Family Practice, OB Care
The foundation of primary care is a close partnership between you and your provider. From annual wellness visits to condition management, our primary care providers are here to support you and your loved ones.
Platte County Public Health
Immunizations
www. www.plattecountywyoming.com/departments/PublicHealth
Wyoming Independent Living
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To request copies or make suggestions, please contact:

Carmen Wilson, Executive Assistant Platte County Memorial Hospital 307-322-8558

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